

NOTICE TO ALL PERSONS PARTICIPATING IN ATHLETIC, RECREATIONAL, AND ADVENTURE PROGRAMS,
WORKSHOPS AND OTHER ACTIVITIES INVOLVING RISK OF BODILY OR PERSONAL INJURY AND/OR PROPERTY
DAMAGE

ASSUMPTION OF RISK AND INSURANCE CERTIFICATION
(READ CAREFULLY BEFORE SIGNING)

ACTIVITY _____ DATE OF EVENT _____

Many programs, activities and workshops involve substantial risks of injury, property damage and other dangers associated with participation in such activities. Dangers related to such activities include, but are not limited to hypothermia, broken bones, strains, sprains, bruises, drowning, concussion, heart attack and heat exhaustion.

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